



# SMARTPHONE CONTRACT

**DEAR** \_\_\_\_\_ ,

Congratulations!

You are now the proud owner of a smartphone. You are a good and responsible kid and you deserve this gift, but with the acceptance of this present comes rules and regulations.

Please read through the following contract. I hope that you understand it is my job to raise you into a well rounded, healthy young adult that can function in the world and coexist with technology, not be ruled by it. Failure to comply with the following list will result in termination of your smartphone ownership. I love you very much and look forward to sharing several million text messages with you in the days to come.

- 1. I agree that even though I may use the phone, it is my guardian's property that they pay for.
- 2. My guardian will always know my passwords. Changing of passwords will result in loss of usage for a week.
- 3. If it rings, I will answer it. I will say hello and use my manners. I will not ever ignore a phone call from my guardian.
- 4. My phone must be on my guardian's dresser promptly at 9 p.m. every school night and every weekend night at 10:00 p.m. It will be shut off for the night and turned on again at 7:30 a.m. If I would not make a call to someone's land line, wherein their parents may answer first, then I should not call or text. ONE MINUTE PASSED THE DESIGNATED TIME WILL RESULT IN LOSS OF PHONE FOR THE NEXT DAY.

- 5. If it falls into the toilet, smashes on the ground, or vanishes into thin air, I am responsible for the replacement costs or repairs. I can mow a lawn, babysit, or stash some birthday money.
- 6. I will not use this technology to lie, fool, or deceive another human being. I will not involve myself in conversations that are hurtful to others. I will be a good friend first and stay out of the drama.
- 7. I will not text, email, or say anything through this device I would not say in person.
- 8. I will not text, email, or say anything to someone that I would not say out loud with their parents in the room. I will not have a "cyber" relationship with anyone. If I do, my guardian will end it immediately and contact the other parents.
- 9. I will not watch porn. I will only search the web for information I would openly share with my guardian. If I have a question about anything, I can ask my guardian.
- 10. I will turn off or silence my phone in public, especially in a restaurant, at the movies, or while speaking with another human being. I was not taught to be a rude person; and I will not allow my smartphone to change that.
- 11. I will not send or receive pictures of my private parts or anyone else's private parts. Someday I may be tempted to do this despite my high intelligence. I understand it is risky and could ruin my teenage/college/adult life. It is always a bad idea. Cyberspace is vast and more powerful than me, and it is hard to make anything of this magnitude disappear — including a bad reputation.
- 12. I will refrain from taking a zillion pictures and videos. I understand there is no need to document every little thing. I should live my experiences and store memories instead.
- 13. I can leave my phone home sometimes and feel safe and secure in that decision. It is not alive or an extension of me. I do not have to live with FOMO.
- 14. I can venture out and download music that is new or classic or different than the millions of my peers that listen to the same exact stuff to expand my horizons.
- 15. I will exercise my mind and play a game with words or puzzles or brain teasers every now and then.

- 16. I will keep my eyes up and enjoy the world around by enjoying nature, meeting someone new or letting my mind wonder without googling.
- 17. I understand I will mess up, my guardian will take my phone away and that is not the end of the world. My guardian is also learning. They are on my team. We are in this together.
- 18. I must have A's and B's in order to keep this phone and privilege. I'm only allowed ONE C+. If I get 2 C's, I will lose my phone until my grades improve.
- 19. Any social media that I have, I must friend my guardian and give them my password. Changing of passwords will result in loss of phone. PERIOD.
- 20. I will NOT take phone into the bathroom! If I do, I will lose access to my phone for the whole next day. Also, I will keep my room organized and bed made or I lose my phone for the next day.

Most of the lessons listed here do not just apply to your smartphone, but to life. Enjoy your phone!

SIGNATURES:

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PARENT/GUARDIAN



[thedemandproject.org](http://thedemandproject.org)